

New Year's Eve

Purpose:

Get really clear about what a successful year looks and feels like for you

Guidelines:

- Looking back at the end of this year, doing whatever you do on New Year's Eve, what will need to have happened for you to feel it has been a success?
- What did you achieve? What fears did you conquer? How do you feel? What have you learnt?
- There are no rules with this, write down whatever is going to make you want to pop that champagne cork to celebrate big or small

Template instructions:

- Fill in the year
- Write down everything you can think of!